

# CANCER CARE CONNECTIONS IN MORAY



**CRUSE**

[www.cruse.org.uk](http://www.cruse.org.uk)  
0844 477 9400

Bereavement counselling  
after six months  
Early Intervention service  
for complicated grief

**THE OAKS**

01343 562460

Patient Groups  
Relaxation Classes  
Consultant Clinics  
Lymphoedema Clinic  
Bereavement Counselling  
Day Hospice  
Chaplaincy  
OT and Physio  
Pharmacy

**MAGGIES CENTRE**

[www.maggiescentres.org.uk](http://www.maggiescentres.org.uk)  
01463 706306 Inverness  
01224 645928 Aberdeen

Professional Services  
Support all areas  
Drop In

**CAB**

[www.moraycab.org.uk](http://www.moraycab.org.uk)  
01343 550088

Benefit Advice  
Travel Advice  
Financial Advice  
Consumer Debt Advice  
Housing Advice  
Legal Utilities

**SAMARITANS**

[www.samaritans.org.uk](http://www.samaritans.org.uk)  
01343 543000

Deaths From  
Suicide  
Military Service  
Workplace Accidents

**MACMILLAN**

[www.macmillan.org.uk](http://www.macmillan.org.uk)  
0800 808 0000

Patient Support and advice  
Both at home and in hospital  
Training resources for patients  
Workplace Managers  
Help in Decision Making  
Pain Management  
Symptom Control

**PATIENT NEEDS**

Practical Support  
Emotional Support  
Social Support  
Financial Support  
Disease Information  
Treatment Information  
Lifestyle Information

**CLAN ELGIN**

01343 544132 Mon to Fri  
Drop In  
Satellite centres Lossiemouth and Buckie  
Transport  
Complementary Therapy  
Counselling  
Adolescent and Children Services

**CLAN ABERDEEN**

[www.clanhouse.org](http://www.clanhouse.org)  
01224 647000  
24 hour service

Clan Haven Accomodation  
Family ,Carers, Friends support  
Hopi For children and adolescents  
Salon and Nutrition Services

**SSAFA**

01343817399 Lossiemouth

Support for Military Personnel

**QUARRIERS**

[www.quarrierscareerservice.org.uk](http://www.quarrierscareerservice.org.uk)  
01343 556031

Carer provision ,support and training  
Child and adolescent carer support  
Information eg. Taxis,Cleaning Gardening

**N.H.S SCOTLAND**

[www.nhsinform.co.uk](http://www.nhsinform.co.uk)  
Moray Coast Medical 0345 3371190  
GP District Nurse, Practice,Nurse  
Social Work Health Visiting  
Consultant Services Hospital Care  
Pharmacy Local and Hospital  
Hospice Care Roxburgh House

**MARIE CURIE**

[www.mariecurie.org.uk](http://www.mariecurie.org.uk)  
08000902309 Patient Helpline  
Mon to Sat 9-5

Nursing Services at Home  
Volunteer Befriending Helper Service  
Any Terminal illness  
Hospice Care 2 centres

**CORNERSTONE**

[www.cornerstone.org.uk](http://www.cornerstone.org.uk)  
01224 4256000

Support for Disabled  
Other Support Needs  
Young Carer Support

